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Rev. Todd Philipsen
Parish Priest
308-436-2290
pastorchristking@allophone.com

Karen Vonburg
Office Manager
308-623-2245
sbcotriparishes@gmail.com

Ronna Leider
Director of Religious Ed/Youth Minister
308-641-4867
rleider2@gmail.com

Chris Lovato
Director of Music Ministry
308-765-9699
ce-Lovato@live.com

Email: sbcotriparishes@gmail.com
Website: sbcotriparishes.org
Fax: 308-326-2245

Holy Eucharist
Sunday Morning Only
St. Theresa's - 8:00 am
Reconciliation:
Celebrated every Sunday 30minutes
Prior to Mass or by appointment.
Office Hours:
Monday 8:30 - 2:00
Tuesday & Thursday 8:30 - 12:30
Baptism, First Communion
Confirmation & Marriage:
These sacraments involve special
preparation. Call the office & speak to the
priest for an appointment.

*Third Sunday of
Lent
March 8, 2026*

Mass Schedule & Intentions

Day/Date	Time/Place	Name of Intention
Sun - Mar 8	8:00am Mitchell	†Rita & Marcos Martinez By The Martinez's Family

Lectors for March

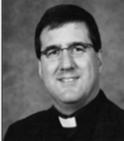
March 1 ~ Ronna Leider
 March 8 ~ Lupe Sanchez
 March 15 ~ Ronna Leider
 March 22 ~ Ed McNulty
 March 29 ~ Eliasar Kanno



Eucharistic Ministers March

March 1 ~ Julie Wilkinson & Eliasar Kanno
 March 8 ~ Harold Kaus & George Urdiales
 March 15 ~ Julie Wilkinson & Harold Kaus
 March 22 ~ Jean & Kevin Poncelet
 March 29 ~ Ronna Leider & Lupe Sanchez



 Parents know their children very well and often can see unique personality traits at a very young age. I remember I once had a Parishioner who claimed her mother could see in her child a unique ability to not go with the flow, see the deeper story. This child had a deep sense of fairness, compassion, integrity and a unique ability to listen deeply. It seems Mary and Joseph knew from the start that Jesus was unique. I read today's Gospel as a challenge to see and learn from Jesus who could connect with people who were often ignored and on the fringes. What can Jesus teach us these days? What can those around us teach us. May your Lent be growth filled. As I write this I am concerned about new military conflicts. My prayer is for peace. My prayer is for patience, diplomacy and understanding rather than armed conflict. My prayer is for military members and their families. My prayer is for those displaced from their homes and for the poor who are often disproportionately affected by war. Peace. I hope that our Young Adults (age 21-39) are able to attend our Theology on Tap this Sunday evening. It will be interesting and inspiring. It will be good for us to be together. Fr. Todd

CHRIST THE KING YOUNG ADULT MINISTRY AGES 21-39 THEOLOGY ON TAP

**SUNDAY, MARCH 8
6:30 PM
PAPA MOON
HEADQUARTERS
SCOTTSBLUFF**
COME FOR AN EVENING OF
FELLOWSHIP AND CONVERSATION

Pray for the healing of: Paul Pieper, Blanca Bair, Corrina Gutierrez, Carol Murphy, & Joann Begley.

If someone is facing a challenge & needs prayers or a person listed has recovered & no longer needs extra prayers for the challenges they were facing, please let me know.

The Mass is the Church's prayer at which all of our needs and hopes and thanksgivings are lifted to God. We are happy to receive requests for specific intentions at Mass. If you would like to have a mass prayed for your intention, be it memory of a loved one, a special need, a celebration or a particular occasion in life, please contact the parish office or drop the 'Mass Intention' envelope in the collection basket at the weekend mass.

Our Sunday Offering to God

Church	Adult	Youth
St. Theresa's	\$1183.00	\$14.00

2024-2025 Diocesan Appeal

Church	Goal	Received	Outstanding
St. Theresa's	\$4,687.00	\$800.00	\$3887.00

TODAY'S READINGS

First Reading — When the people grumbled to Moses for water in the desert, the LORD heard and brought forth water from the rock for all to drink (Exodus 17:3-7).

Psalm — If today you hear his voice, harden not your hearts (Psalm 95).

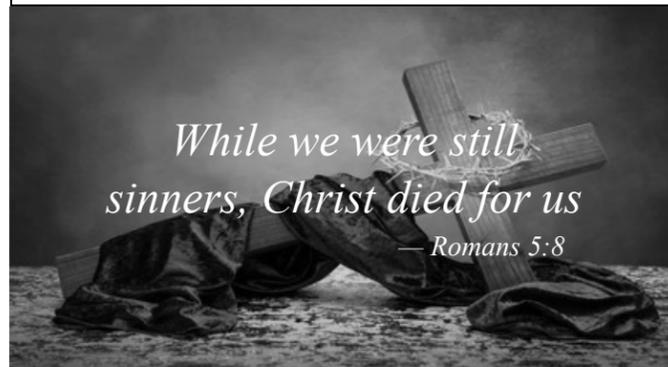
Second Reading — God's love has been poured into our hearts through the Holy Spirit (Romans 5:1-2, 5-8).

Gospel — Ask, and you will be given living water so that you will never thirst again (John 4:5-42 [5-15, 19b-26, 39a, 40-42]).

Responses from the Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

Monday; 2 Kgs 5:1-15ab; Pss 42:2-3; 43:3-4; Lk 4:24-30
 Tuesday; Dn 3:25, 34-43; Ps 25:4-5ab, 6-7bc, 8-9; Mt 18:21-35
 Wednesday; Dt 4:1, 5-9; Ps 147:12-13, 15-16, 19-20; Mt 5:17-19
 Thursday; Jer 7:23-28; Ps 95:1-2, 6-9; Lk 11:14-23
 Friday; Hos 14:2-10; Ps 81:6c-11b, 14, 17; Mk 12:289-34
 Saturday; Hos 6:1-6; Ps 51:3-4, 18-21b; Lk 18:9-14
 Sunday; Sm 16:1b, 6-7, 10-13a; Ps 23:1-6; Eph 5:8-14; Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38-8



Up coming Events

Morrill Religious Ed Carry-In Breakfast

The Morrill Religious Ed students are inviting everyone to a carry-in breakfast after Mass on March 8. We would appreciate it if parishioners could help by sharing their culinary talents and bringing items such as meats/eggs, casserole dishes, fruit salads, and pastries.

Easter Lilies

Help decorate the church for Easter by purchasing a Easter Lily in dedication of a lost member of a loved one that has passed on. Bring them Palm Sunday or the during Holy week while Karen is in the office.

Reconciliation Service

Don't forget about the reconciliation service next Sunday evening here at St. Theresa's at 6:30 pm.

Scholarship applications for Senior Girls

Scholarships application forms for the Grand Island Diocese Council of Catholic Women are available in the Parish Office to interested senior girls. This form is particular to our Alliance Deanery because they are matching the \$250 the GIDCCW offering with \$250 from our own Alliance Deanery, making this a \$500 Scholarship offer. Please get the word out soon to any interested senior girls, as the due date is April 1st.

Spring Deanery Meeting

The Alliance Deanery 2026 Spring meeting is scheduled for Saturday, March 14, 2026 held in Bridgeport All Soul's at 617 P Street in Bridgeport, NE. Our speaker is Cassandra Phillips-Ernest "Discerning with an Open Heart." Registration starts at 9:00 AM. Registration fee is \$10 which includes lunch. RSVP to Carolyn Gusman 308-279-2997 by March 7, 2026.

Rice Bowls

Do take & assemble one for your home and family. A good practice would be to empty your pockets each night of your change and place those coins in the bowl for a gift at the end of Lent for food for the hungry of the world.

May the flowers remind us why the rain was so necessary.

— Xan Oku

Fish Fry Friday

St Theresa's Catholic Church Hall
1715 17th Street Mitchell, NE
March 20th



5:30 - 7:30 pm

\$12 Adults/\$6 Kids

Serving: Fish, Tator Tots, Salads, Desserts & Drinks

Health & Wellness

Sleep:

Sleep is important for both our physical and mental wellbeing. Getting enough sleep can help with mood regulation, learning and memory, healthy eating, weight management, and increase our energy levels.

If you struggle with getting enough sleep or falling asleep when you want to try these hacks to set yourself up for success!

- A healthy bedtime routine starts in the morning! In order to maintain our bodies natural clock, or circadian rhythms, consider getting 10-30 minutes of direct sunlight in the morning (between 8-10am)
- turn off electronics at least 1 hour before going to sleep.
- dim the lights in your house at night time
- practice incorporating relaxing activities around bedtime like: meditations, stretching, journaling, reading etc.
- try a Yoga Nidra or Body Scan Meditation for sleep,
— UHealth University of Utah

Lenten Schedule

Stations of the Cross: Christ the King ONLY
 Fridays ~ 6:30 pm (February 20, 27 & March 6, 13, 20, 27)

Reconciliation Service:

Sunday, March 15 ~ St. Theresa's ~ 6:30 pm
 Sunday, March 22 ~ St. Agnes ~ 3:30 pm
 Sunday, March 22 ~ Christ the King ~ 6:30 pm

Palm Sunday:

March 29 ~ St. Theresa's ~ 8:00 am
 March 29 ~ Christ the King ~ 10:30 am
 March 29 ~ Christ the King ~ 5:00 pm

Holy Thursday:

(Incense will be used)
 April 2 ~ St. Theresa's ~ 5:00 pm
 April 2 ~ Christ the King 7:00 pm/Adoration until 10:00 pm

Good Friday:

April 3 ~ Christ the King ~ 12:10 pm
 April 3 ~ St. Theresa's ~ 3:00 pm

Easter Vigil:

April 4 ~ Christ the King ~ 8:00 pm

Easter Sunday:

April 5 ~ St. Theresa's ~ 8:00 am
 April 5 ~ Christ the King ~ 10:30 am

A Prayer to St. Joseph, Defender of Life

Dearest St. Joseph, at the word of an angel, you lovingly took Mary into your home. As God's humble servant, you guided the Holy Family on the road to Bethlehem, welcomed Jesus as your own son in the shelter of a manger, and fled far from your homeland for the safety of both Mother and Child. We praise God that as their faithful protector, you never hesitated to sacrifice for those entrusted to you. May your example inspire us also to welcome, cherish, and safeguard God's most precious gift of life. Help us to faithfully commit ourselves to the service and defense of human life—especially where it is vulnerable or threatened. Obtain for us the grace to do the will of God in all things. Amen.