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Holy Eucharist
Sunday Morning Only
St. Theresa's - 8:00 am

Reconciliation:
Celebrated every Sunday 30minutes
Prior to Mass or by appointment.

Office Hours:
Monday 8:30 - 2:00
Tuesday & Thursday 8:30 - 12:30

Baptism, First Communion
Confirmation & Marriage:
These sacraments involve special
preparation. Call the office & speak to the
priest for an appointment.

Sixth Sunday in Ordinary Time
February 15, 2026

Mass Schedule & Intentions

Day/Date	Time/Place	Name of Intention
Sun - Feb 15	8:00am Mitchell	For the People of St. Theresa's & Christ the King
Wed - Feb 18	5:00pm Mitchell	Paul Pieper By the Pieper Family

Lectors for February

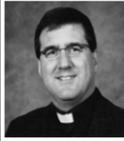
February 1 ~ Eliasar Kanno
February 8 ~ Ed McNulty
February 15 ~ Anyssa Lopez
February 22 ~ Ronna Leider



Eucharistic Ministers February

February 1 ~ Ronna Leider
February 8 ~ Ronna Leider
February 15 ~ Jean & Kevin Poncelet
February 22 ~ Harold Kaus & George Urdiales



 Hello. When I was reading this week's Gospel I was reminded of a saying amongst medical students. Watch one... Do one... Teach one... Watch someone do a procedure. Do it yourself. Teach someone what you have learned. By following this routine one learns and absorbs knowledge and technique. We watch Jesus the teacher. We "do" we live the way we do because we know Jesus. We share the good news with another. In knowing Jesus and sharing his way with others we grow as his disciples while we lift the bushel basket and let our light shine through. May Lent be rich. May Lent work in your life like never before. Peace be with you.
Fr. Todd

Ash Wednesday Services February 18th Mitchell

St. Theresa's - ***5:00 pm***

Gering

Christ the King - 7:00 am
Christ the King - 12:10 pm
Christ the King - 7:00 pm

Breakfast at St. Theresa's

The ladies at St Theresa's will be serving breakfast after Mass on Sunday February 15. If you have a favorite breakfast casserole, pastry, or fruit, please help out and bring it along. If you didn't go out last night come back and enjoy an after Valentine Day Breakfast.

The Mass is the Church's prayer at which all of our needs and hopes and thanksgivings are lifted to God. We are happy to receive requests for specific intentions at Mass. If you would like to have a mass prayed for your intention, be it memory of a loved one, a special need, a celebration or a particular occasion in life, please contact the parish office or drop the 'Mass Intention' envelope in the collection basket at the weekend mass.

Our Sunday Offering to God

Church	Adult	Youth
St. Theresa's	\$1082.00	\$7.00

2024-2025 Diocesan Appeal

Church	Goal	Received	Outstanding
St. Theresa's	\$4,687.00	\$770.00	\$3917.00

TODAY'S READINGS

First Reading — God allows us to make choices, but we are not to choose injustice or sinfulness (Sirach 15:15-20).

Psalm — Blessed are they who follow the law of the Lord! (Psalm 119).

Second Reading — God's wisdom is mysterious and hidden (1 Corinthians 2:6-10).

Gospel — Jesus has come not to abolish but to fulfill the law and the prophets (Matthew 5:17-37).

Responses from the Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

Monday; Jas 1:1-11; Ps 119:67-68, 71-72, 75-76; Mk 8:11-13
Tuesday; Jas 1:12-18; Ps 94:12-15, 18-19; Mk 8:14-21
Wednesday; Jl 2:12-18; Ps 51:3-6b, 12-14, 17; 2 Cor 5:20 — 6:2; Mt 6:1-6, 16-18
Thursday; Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25
Friday; Is 58:1-9a; Ps 51:3-6b, 18-19; Mt 9:14-15
Saturday; Is 58:9b-14; Ps 86:1-6; Lk 5:27-32
Sunday; Gn 2:7-9; 3:1-7; Ps 51:3-6, 12-13, 17; Rom 5:12-19 or 5:12, 17-19; Mt 4:1-11

What eye has not seen, and ear has not heard, and what has not entered the human heart, what God has prepared for those who love [God], this God has revealed to us through the Spirit.

— 1 Corinthians 2:9-10

Up coming Events

Ladies Monthly Luncheon

The ladies of the Parish are invited to the Ladies Monthly Luncheon, it will be held Thursday, February 19 @ 11:30 @ The Firehouse in Lyman. All are invited and bring a friend!

Fish Fry Meeting

There will be a fish fry meeting today during the breakfast. We are asking for families to step up, reach outside their bubbles and help their church family to help pull this off. Just like it take a village to raise a child, it takes a family to make a church. The Fish Fry will be March 20.

Quinceañeros Classes

Quinceañeros classes will be held for those planning a Quinceañeros Mass for 2026, Saturday, February 28, 10am - 4pm. Please contact Chris Lovato to sign up at 308-765-9699.

Steubenville

Parents of high school students, Steubenville of the Rockies registration is open. The Grand Island Diocese is sponsoring a trip to Steubenville of the Rockies June 19-21, 2026, at Gaylord Rockies Resort & Convention Center, Aurora, CO. This 3- day retreat is for current high school students. Please talk with your teens about this opportunity. Find out more and register at gidiocese.org/Steubenville. United with Christ and with each other we can restore hope to our world.

Higher Ground

Parents of high school students, Higher Ground registration is open. This weeklong retreat is for current sophomores, juniors, and seniors. The retreat begins Sunday early evening and ends early the following Friday. HG camps are the weeks of May 24-29, 2026, and May 31-June 5, 2026. Please talk with your teens about this opportunity. Check your calendar and help them sign up for the week that best fits your schedule, register at highergroundretreats.org

Higher Ground Extreme Faith

Parents of middle school students, Higher Ground Extreme Faith Middle School camp registration is open. This weeklong retreat is for current 6th, 7th, and 8th grade students. The retreat begins Sunday late afternoon July 5, 2026, and ends early afternoon Thursday, July 9, 2026. We hope you will talk to your kids about this exciting opportunity to grow their love for Christ and have fun doing it. Register at highergroundretreats.org

Daily Prayer for Priest

God of Mercy and Holiness hear the anguished cry of your people for holy priests to shepherd them. Fill their hearts with enlighten zeal, that they minister worthily in your presence, be faithful to your Church always and come at last to love You with a never ending love. We ask this through Christ, Our Lord. Amen.

Pray for the healing of: Paul Pieper, Blanca Bair, Corrina Gutierrez, Carol Murphy, & Joann Begley.

If someone is facing a challenge & needs prayers or a person listed has recovered & no long needs extra prayers for the challenges they were facing, please let me know.

Health & Wellness *Assertive Communication:*

Communicating assertively means clearly and calmly expressing what you want without being too aggressive or passive. Communicating assertively doesn't guarantee that your needs will be met but it makes it more likely, and it can improve your relationships with others. Assertive communication includes compromise, talking and listening, and recognizing that your needs matter as much as anyone else's. Assertive communication and I statements help you focus on your reality, lessens blame and over generalizations, and promotes ownership of feelings and experiences.

An easy way to practice assertive communication is using I statements to describe what you are feeling. A template for this can simply be "I feel (BLANK) when (BLANK)"

— UHealth University of Utah

A Reflection on Lenten Fasting

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

Members of the Eastern Catholic Churches are to observe the particular law of their own sui iuris Church. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.

It does not matter how slowly you go as long as you do not stop.

— Confucius



A Prayer to St. Joseph, Defender of Life

Dearest St. Joseph, at the word of an angel, you lovingly took Mary into your home. As God's humble servant, you guided the Holy Family on the road to Bethlehem, welcomed Jesus as your own son in the shelter of a manger, and fled far from your homeland for the safety of both Mother and Child. We praise God that as their faithful protector, you never hesitated to sacrifice for those entrusted to you. May your example inspire us also to welcome, cherish, and safeguard God's most precious gift of life. Help us to faithfully commit ourselves to the service and defense of human life —especially where it is vulnerable or threatened. Obtain for us the grace to do the will of God in all things. Amen.