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THE RELIGIOUS
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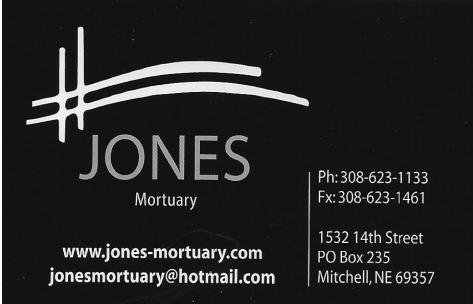
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1715 17th Street
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Email: sbcotriparishes@gmail.com
Website: sbcotriparishes.org
Fax: 308-326-2245

Holy Eucharist
Sunday Morning Only
St. Theresa's - 8:00 am
Reconciliation:

Celebrated every Sunday 30minutes
Prior to Mass or by appointment.

Office Hours:
Monday 8:30 - 2:00
Tuesday & Thursday 8:30 - 12:30
Baptism, First Communion

Confirmation & Marriage:
These sacraments involve special
preparation. Call the office & speak to the
priest for an appointment.

Fourth Sunday in Ordinary Time

February 1, 2026

Mass Schedule & Intentions

Day/Date	Time/Place	Name of Intention
Sun - Feb 1	8:00am Mitchell	For the People of St. Theresa'a & Christ the King



Lectors for February

February 1 ~ Eliasar Kanno
 February 8 ~ Ed McNulty
 February 15 ~ Anyssa Lopez
 February 22 ~ Ronna Leider

Eucharistic Ministers February

February 1 ~ Ronna Leider
 February 8 ~ Ronna Leider
 February 15 ~ Jean & Kevin Poncelet
 February 22 ~ Harold Kaus & George Urdiales



Hello!! The Gospel for this week is the Sermon on the Mount. It always strikes me that first and foremost Jesus was present to the people. First and foremost he sat down with the people. Jesus loved the people and saw their goodness and he reassured them. Jesus told the people they were blessed and welcome in his kingdom. Who do you need to reach out to, personally visit or call? Rather than a text, call or visit. May our voice and actions make Jesus and his story come alive in the life of another.

When I arrived, I was asked to check into a situation with some inoperable cars and other items sitting on the Church gravel parking lot across from the Mitchell Church. I put up some signs on the lot that stated the lot was for Parish use only. I consulted with the Grand Island Diocesan Attorney who advised writing a letter to the owners of the items asking that the cars and items be removed. The letter gave a deadline for clearing the items. The deadline passed and the items remained on the lot. We will continue forward under the advice of legal counsel so that the items are removed. Please do not become involved in this situation. Let the proper folks and procedures handle this. Peace, Fr. Todd

Retrouvaille Weekend Retreat

Married Singles Lifestyle –The Married Singles Lifestyle describes couples that may have lost a sense of closeness they once had as marriage partners and are living more like roommates. Retrouvaille (pronounced retro-vi with a long i) teaches couples how to survive times like these in their marriages. This program has helped thousands of couples experiencing difficulty at all levels of marital distress from disillusionment to deep misery. For confidential information about or to register for upcoming weekends visit our

website at: HelpOurMarriage.org or email

nebraskaretrouvaille@gamil.com or call: 402-540-8381 for confidential information. We have a weekend coming up in mid-February, so don't delay!

As for God, his way is perfect: The Lord's word is flawless; he shields all who take refuge in him.

— Psalm 18:30

The Mass is the Church's prayer at which all of our needs and hopes and thanksgivings are lifted to God. We are happy to receive requests for specific intentions at Mass. If you would like to have a mass prayed for your intention, be it memory of a loved one, a special need, a celebration or a particular occasion in life, please contact the parish office or drop the 'Mass Intention' envelope in the collection basket at the weekend mass.

Our Sunday Offering to God

Church	Adult	Youth
St. Theresa's	\$835.00	\$4.00

2024-2025 Diocesan Appeal

Church	Goal	Received	Outstanding
St. Theresa's	\$4,687.00	\$770.00	\$3917.00

TODAY'S READINGS

First Reading — You humble of the land, seek justice and humility, and the Lord will be your protection (Zephaniah 2:3; 3:12-13).

Psalm — Blessed are the poor in spirit; the kingdom of heaven is theirs! (Psalm 146).

Second Reading — God chose the weak of the world, those who count for nothing, so that whoever boasts should boast in the Lord (1 Corinthians 1:26-31).

Gospel — Jesus taught from the mountain: Blessed are the poor in spirit (Matthew 5:1-12a).

Responses from the Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

Monday: Mal 3:1-4; Ps 24:7-10; Heb 2:14-18; Lk 2:22-40 or 2:22-32
 Tuesday: 2 Sm 18:9-10, 14b, 24-25a, 30 — 19:3; Ps 86:1-6; Mk 5:21-43
 Wednesday: 2 Sm 24:2, 9-17; Ps 32:1-2, 5-7; Mk 6:1-6
 Thursday: 1 Kgs 2:1-4, 10-12; (Ps) 1 Chr 29:10-12; Mk 6:7-13
 Friday: Sir 47:2-11; Ps 18:31, 47, 50-51; Mk 6:14-29
 Saturday: 1 Kgs 3:4-13; Ps 119:9-14; Mk 6:30-34
 Sunday: Is 58:7-10; Ps 112:4-9; 1 Cor 2:1-5; Mt 5:13-16



Blessed are the poor in spirit, for theirs is the kingdom of heaven.

— Matthew 5:3

Up coming Events

Knights of Columbus Council Breakfast
 will be hosting their monthly breakfast buffet on every first Sunday of the month, February 1st. Doors will open at 8:00 am and will close at noon. The breakfast is located at

1719 1st Avenue in Scottsbluff and is an all-you-eat buffet. Breakfast includes pancakes, French toast, sausage, eggs, biscuits and gravy, and much more. Adults are \$12.00 per person and children are \$6.00 each. Carry-out is available. Everyone is welcome to attend.

Quinceaños Classes

Quinceaños classes will be held for those planning a Quinceaños Mass for 2026, Saturday, February 28, 10am -4pm. Please contact Chris Lovato to sign up at 308-765-9699.

Knights of Columbus Casino Night

A night of fun money card games, craps, and roulette 5:00-9:00pm, February 7, 2026. They will be serving Chili, pulled pork sammies, pork chili, snacks, and beverages all night. Fun money for silent and live auctions and general store all provided by ticket. Tickets available for \$50 per person Contact people: Peter 308-631-0982; Patrick 308-672-5288; Rick 308-641-3019; Paul 308-247-2737; Dick 308-765-8016

World Marriage Day

In celebration of World Marriage Day, Bishop Joseph Hanefeldt will be presiding at an Anniversary Mass on Saturday, February 14, 2026, at 5 p.m., at St. Mary's Cathedral. All married couples in the Diocese of Grand Island whose anniversary is divisible by 5 in the years 2025-2026 will be honored at the Holy Mass. Please RSVP to St. Mary's Cathedral, 308-384-2523, or email bulletin@stmarysgi.com; or Glenda Stittsworth, 308-379-9325, email glenarch@charter.net, by February 11, 2026. A lasagna dinner will follow at Cathedral Square. The meal is dine-in or carry-out. A free will offering is requested.

Daily Prayer for Priest

God of Mercy and Holiness hear the anguished cry of your people for holy priests to shepherd them. Fill their hearts with enlighten zeal, that they minister worthily in your presence, be faithful to your Church always and come at last to love You with a never ending love. We ask this through Christ, Our Lord. Amen.

If you want something you have never had, you must be willing to do something you have never done.

— Thomas Jefferson

Pray for the healing of: Paul Pieper, Blanca Bair, Corrina Gutierrez, Carol Murphy, & Joann Begley. If someone is facing a challenge & needs prayers or a person listed has recovered & no longer needs extra prayers for the challenges they were facing, please let me know.

Health & Wellness

Bringing the Outdoors In:

Many studies have shown the benefit that nature has on our overall health and wellbeing. But what if you can't get outside on a regular basis to reap the rewards nature has for us? More recent studies have shown that bringing nature inside to us has similar positive effects on health. Try bringing the outdoors in by:

- Adding plants to our home
- Listening to nature sounds
- Facing a window or nature scene

These simple tasks can help to boost productivity and focus, lower stress levels, and promote feelings of relaxation and calm.

Sustainability:

Focusing on sustainability in many areas of life is a key part of maintaining our overall health and wellbeing. While sustainability often sounds like an overwhelming task, there are many small things you can do each day to live a more sustainable life. Check out the following tips for helping reduce your impact on the environment:

- Choose reusable! Instead of single use plastics, opt for reusable items instead
- Recycle! Make sure you are disposing of recyclable materials properly.
- Bring lunch from home instead of going out
- Get creative to limit food waste.

— UHealth University of Utah

Life begins at the end of your comfort zone.

— Neale Donald Walsch

Join Us For Prayer

Music, Food
 And Fellowship

Magnificat

Guest Speaker-Jamie Weingart

Magnificat Brunch

Saturday, February 14, — 9:00 am - Noon MT
 At Holy Rosary Lyceum-916 Cheyenne Ave,
 (on 9th street) Alliance , Ne.

His strength in her weakness, His peace in chaos, and His love, shown in human and divine form, along the journey.
 For Reservations , contact Teresa Nelson /turts@charter.net
 1044 Yellowstone Ave., Alliance, NE 69301/
 Phone: Cell 308-760-3070
 Home: 308-762-1368
 Send check or money order for \$12.00

A Prayer to St. Joseph, Defender of Life

Dearest St. Joseph, at the word of an angel, you lovingly took Mary into your home. As God's humble servant, you guided the Holy Family on the road to Bethlehem, welcomed Jesus as your own son in the shelter of a manger, and fled far from your homeland for the safety of both Mother and Child. We praise God that as their faithful protector, you never hesitated to sacrifice for those entrusted to you. May your example inspire us also to welcome, cherish, and safeguard God's most precious gift of life. Help us to faithfully commit ourselves to the service and defense of human life—especially where it is vulnerable or threatened. Obtain for us the grace to do the will of God in all things. Amen.